

CURRICULUM VITAE

Dr.L.MUTHUKUMAR

Director of Physical Education

Rajapalayam Rajus College, Rajapalayam

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PERSONAL PROFILE

- 1 Name : **Dr. L. MUTHUKUMAR**
- 2 Date of Birth : 20.05.1973
- 3 Father's Name : Dr.N. Lakshmanaperumal
- 4 Gender : Male
- 5 Marital Status : Married
- 6 Nationality : Indian
- 7 Religion : Hindu
- 8 Qualification : M.A., M.P.Ed., M.Phil., Ph.D
- 9 Residential Address : 150, Sakthi Nagar,
Shenbagathoppu Road,
Rajapalayam 626 117
- 10 Status of Appointment : Permanent
- 11 Mother Tongue : Tamil

ACADEMIC PROFILE

Name of Examination / Degree	University / Board	Institution	Year of Passing
S.S.L.C	State Board	S.B High School Cholapuram	1989
+2	State Board	Alagappa Model Higher Secondary School, Karaikudi	1991
B.Sc(Chem)	Madurai Kamaraj University	Alagappa Govt. Arts College, Karaikudi	1994
B.P.Ed	University of Madras	Y.M.C.A College of Physical Education, Chennai	1998
M.P.Ed	Madurai Kamaraj University, Madurai	Madurai Kamaraj University, Madurai	1999
M.Phil	Alagappa University, Karaikudi	Alagappa University, Karaikudi	2000
M.A	Annamalai University	Annamalai University	2004
Ph.D	Monanmaniam Sundaranar University	Monanmaniam Sundaranar University	2009

TEACHING EXPERIENCE

Name of the Institution	Designation	From	To	No. of Years
K.B.A Arabic College, Chennai	Physical Director	01.06.2002	16.08.2005	3
B S Abdul Rahman University, Chennai	Asst. Director of Physical Education	17.08.2005	14.09.2011	6
Rajapalayam Rajus' College, Rajapalayam	Director of Physical Education	15.09.2011	Till date	7

RESEARCH PAPER PRESENTATION AND PUBLICATION

Name of the Institution	Sponsoring Agency	National/ State level	Date	Title of the Paper
Bharathiar University	UGC	National	26 , 27 Feb 2007	Effect of plyometric training on sprinting ability of college boys
TNPE and Sports University	Sports University	National	10 March 2007	Effect of Yoga on Physical Fitness among Mentally retarded boys
Bharthidasan University	Bharthidasan University	National	21 March 2007	Meaning and Importance of Yoga
TNPE and Sports University	UGC	National	21 July 2007	Adapted PE for Physically Challenged Person
Alagappa University	UGC	National	14 Sep 2007	Walking is life time activity
Kongunadu Art & Science College	Organized College	National	27 Feb 2008	Effect of circuit training On Physiological variables of deaf and dumb students
TNPE & Sports University	Sports University	National	20,21 Oct 2010	Effect of circuit training On Psychological variables of deaf and dumb students
TNPE & Sports University	Sports University	National	22 April 2010	Comprehensive Approaches in Physical Education
TNPE & Sports University	Sports University	National	29,30 Oct 2010	Modern Trends in Scientific Sports Coaching

RESEARCH PAPER PUBLICATION

Title	Name of the Journal	Year	Place and Publication
Yoga on the selected physiological variables of Deaf and Dumb	Indian journal of sport studies	July 2006	Varanasi
The effect of yogic practices on the physical fitness variables of mentally retarded boys	VYAYAM - VIDNYAN	Nov 2007	Amaravathi
Effect of plyometric training on sprinting ability of college boys	VYAYAM - VIDNYAN	August 2008	Amaravathi
Adapted PE for the physically challenged persons	VYAYAM - VIDNYAN	Feb 2010	Amaravathi
The effect of yogic practices on the physiological variables of Deaf and Dumb students	IJRPESS	SEP 2010	Patiala
The effect of yogic practices on the motor ability components of Deaf and Dumb students	Journal of sports science	Jan 2011	Patiala