

RAJAPALAYAM RAJUS' COLLEGE

A Linguistic Minority Co-educational Institution and Affiliated to Madurai Kamaraj University
Reaccredited 'B++' by NAAC (CGPA-2.93) in the IIIrd Cycle



Rajapalayam



TAALIIM - COUNSELLING CELL

organizes Seminar on

EVOLVING SELF WITH MINDFULNESS



04 MARCH, 2026
11.00 am - 1.00 pm

Smart Hall



CHIEF GUEST

Dr. Pushpalatha Raja

M.A., M.Ed., Ph.D., ECE., PGDME., Dip in LD

**Educator & Entrepreneur,
Certified Happiness &
Mindfulness coach**

